

**Military OneSource** - whether its help with child care, personal finances, emotional support during deployments, relocation information, or resources needed for special circumstances, Military OneSource is there for military personnel and their families . . . 24/7/365. Visit <https://www.militaryonesource.com>

**Military HOMEFRONT** - is the official Department of Defense web site for reliable quality of life information designed to help troops and their families, leaders and service providers. Whether you live the military lifestyle or support those who do, you'll find what you need! Visit <http://www.militaryhomefront.dod.mil/>

**Turbo Tap** - is Department of Defense's official website providing information for service members on transition from military service. This site is also supported by the Departments of Labor and Veterans Affairs. TurboTAP.org is intended to supplement the services offered by the Transition Assistance Offices and other groups. Visit <http://www.transitionassistanceprogram.com/register.tpp>

**Joint Services Support** - is the NGB J1 as the principal personnel advisor to CNGB, is responsible for providing the policies, resources and training to ensure consistent human resource programs that shape and enhance NGB and Joint Force Headquarters strategic initiatives, personnel readiness, operational capabilities, and the sustainability of the National Guard community. Visit <http://www.jointservicesupport.org>

**Military and Family Life Consultants (MFLC)** - provide solution-oriented consultations to individuals, couples, families, and groups. The MFLC program is designed to provide support and assistance to active duty, guard and reserves, military family members and civilian personnel. MFLC can help people who are having trouble coping with concerns and issues of daily life. Email: [teresa.m.henrickson@healthnet.com](mailto:teresa.m.henrickson@healthnet.com) or [reness.l.oler@mhn.com](mailto:reness.l.oler@mhn.com)

**US Air Force Legal Assistance** - consists of three features: Legal Assistance Topics (information), Legal Worksheets and online Survey. While it provides access to information and allows members to complete will and power of attorney worksheets online, it does not allow for appointments to be made online. Visit <https://aflegalassistance.law.af.mil/lass/lass.html>